

WHAT YOU SHOULD BRING TO THE SPROUTS (Toddler) CLASS:

FOOD:

- Please send lunches in a lunch box with your child's name on it and label all food inside with name and date. We have a refrigerator and microwave in each classroom. All lunches will be put in the refrigerator. They cannot be left out or have ice packs to stay cold. Solid foods should be cut into small pieces and ready to serve. Families can enroll in our lunch program. We will provide lunch daily for \$5 a day. Families must enroll at least a week ahead of time for planning purposes.
- We prefer not to use glass containers in the classroom, as items do slip and break causing possible hazards. Any food that needs to be heated, please pack them in approved microwavable containers suitable for heating or refrain from packing items that need to be heated. We cannot transfer your food into center containers for heating.
- **We are a peanut free center.** Please do not send any peanut products. If you have items that look like peanut butter, please label them clearly. If it is not labeled, we will have to err on the side of caution and not serve the item. **Please refer to our list of foods that we cannot serve to children under the age of 4 and how items should be cut in order for us to serve them.**
- We provide whole milk and water daily with lunch and snacks in a sippy cup. There is no need to pack a drink. We strongly discourage juice or any other sugary beverages. **We do not serve bottles in this room.**
- Please see our monthly snack menu for snacks being served. We recommend you indicate what snacks you wish us to serve if you have dietary or food restrictions.
- We provide a light snack at 5PM (such as crackers or cherrios, or you may label any items in your child's lunch box for the 5PM snack) to hold the children over until dinner time.

DIAPERING NEEDS:

- Please send at least one diaper for each hour your child will be in care. Providing a large box of diapers and wipes is recommended. Staff will let you know when you are running low and need to bring in more.
- Any diaper ointment for prevention of rash will be accepted with our topical authorization form filled out with your signature. **Once the ointment becomes a treatment, a medication form with both parent and physician's signature is required.**

CLOTHING:

- Please bring your child in clothes and shoes that they can play, run, jump, climb and get dirty in.
- Please bring in at least two changes of clothing to keep here at the center. If we use the extra clothes, please replace them the next day.
- A hat to wear outside in warm and cold weather.

OTHER:

- Your child should be dry and clean when dropped off at the center daily.
- If your child uses a pacifier, please bring one to keep here for nap time.

*****Please remember to label all items that come from home. This is to protect your child's health and safety, as well as, to prevent loss of possessions. Label all items with permanent ink.**